

Optima Foundation - Poverty Relief

12 Rose Hill Mews, Farm Hill, DOUGLAS,
Isle of Man, IM2 2LZ

Established: 1996

News Letter – Issue 14

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On the move!

Please note that, from August 2005, until further notice, the correspondence address on the island (Isle of Man) will be:

**c/o: Dr. T N T Jeyendran
(Hon. Secretary)**

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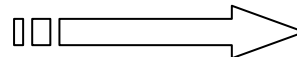
Our projects in Sri Lanka are managed by:



Our work continues.....

Since the return of the of our volunteer team Tom Jeyendran (IOM), Michelle Robson (IOM), Jimmy Linganayagam (UK), and Debbie Linganayagam (UK) after the tsunami relief work in the East of Sri Lanka, Optima Foundation has been active in the 'self sustaining projects' to alleviate the poverty and hunger among the needy children in orphanages.

The first project of this kind, the dairy cattle system at Swami Vipulananda Children's Home at Akkaraipattu (East of Sri Lanka – Amparai



District) has now commenced with the expected completion date in early October 2005. This dairy cattle system will consist of 5 lactating heifers housed in a concrete cattle shed with feeding cods and waste collection tank that will withstand future climatic disasters such as flooding. Other projects are still in the pipeline due to funding needs. We hope that, with our funds generation activities, we can increase the number of projects we can undertake in Sri Lanka in the near future.

Our special thanks to the following for supporting our projects:

1. **Sheila** (UK) and **Anita Bhardwaj** (Children's International Medical Aid – 72) for providing part of the funds for the construction of the cattle shed for the dairy cattle system at Swami Vipulananda Children's Home at Akkaraipattu.
2. **Rosie and Eddie Christian**, and the charity quiz participants (Sulby Glen Hotel –IOM), **Gemma Webb** (International Business School), sponsors and the Parish (charity) walkers (IOM), **Paul Kerruish** (Gough & Co), **Peter and June Jackson** (UK) and **Alison, Finbarr and the Cuneen family** (UK) for raising funds to purchase the lactating heifers.
3. **Rosie and Eddie Christian** and the customers of Sulby Glen Hotel for sponsoring the '**Happy Friday**' event at Swami Vipulananda Children's Home. This event included a pilgrimage by the children to the ancient holy city of Kataragama, under the guidance of Patrick Harrigan of Lanka Relief – Pada Yadra Projects.

Hinduism and the 10 incarnations of God

Lord Vishnu, the Comforter (Creator, being Lord Brahma and Closer being Shiva of the Trinity of God) incarnated into 9 living beings in that past and the 10th expected during the current era. They are: (1) fish (Matsya) to propagate the living system, (2) tortoise (Kurma) to represent divine grace, (3) boar (Varaha) to lift the world to a higher plane, (4) man - lion (Narasimha) to represent the omnipresent qualities, (5) dwarf (Vamana) to test the spirit of humility, (6) axe-man (Parasurama) to overcome oppression, (7) Rama

with bow to demonstrate righteousness, (8) Krishna with flute to teach humanity, love and devotion and (9) Buddha to demonstrate the evils of ritualism and to raise the humans to infinite bliss (Nirvana).

The final stage (10) is Kalki to restore law and order and to begin the era for universal goodness (as the second coming of Lord Jesus!). As this incarnation is expected happen in the future, there are many versions on the dates and location.

From Psalm 27-14 (Christianity)

Wait on the Lord, be of good courage. He will strengthen thine heart

(Farmer-boy's Whistle – anon)

Farmer-boy's whistle

A little house,	oyez, a' little house - filled well
A little land,	oyez, a' little land - tilled well
Makes it,	oyez, makes it, all
Worthwhile,	oyez, worthwhile (whistle)

Jehovah-Jireh calls you with calm and trust,

“The Lord will provide”

Annual feeding day:

While the tsunami relief work has dominated the efforts of Optima Foundation this year our regular activities must go on! Our annual feeding day (Spirituality in Action – 2005) has been designated as 12th December 2005. Once again we are expecting to feed over a 1000 children in Sri Lanka on that day. However, our work in Bosnia, Romania and Ukraine are scaled down due to human (physical) and financial support. Please contact the following to support our annual feeding day.

Sri Lankan Feeding	Tom Jeyendran	on	01624 671297 (Isle of Man)
Romanian Feeding:	Anita Bhardwaj	on	07931 707138 (UK)
Bosnian / Ukrainian Feeding:	June Jackson	on	01727 759077 (UK)

“Soul – Hunger” by J R Miller (Doctor of Divinity)

“A religion that is satisfied with any ordinary attachments – indeed, that is ever satisfied at all – is not a living religion. The Master’s benediction is upon those that hunger and thirst after righteousness. It is the longing soul that grows. There are better things before you than you have yet attained. Strive to reach them. It is not easy to rise Christ ward or heavenward, to advance in the Christian life, to grow better. It is hard, costly and painful. Many people are discouraged because they do not appear to themselves to be any better, to be any more like Christ, today than they were yesterday. But even true longing is growth. It is the soul’s reaching God ward.”

Tom Jeyendran

Optima Foundation – Poverty Relief

Our Aim

Optima Foundation exists to provide Poverty Relief on a global basis, thus reducing the physical, intellectual and spiritual hunger. In this mission, Optima Foundation aims to promote the concept of Human Values. They are **Love, Peace, Truth, Right Conduct and Non Violence**.

Our Commitment

Optima Foundation is fully committed to the Principles of Interfaith Harmony and Human Values. Thus we shall carry out our work, rising above any social barriers resulting from gender, race, class, religious affiliation and physical or mental limitations of individuals.

Optima Foundation has no political or sectarian alliances or affiliation and is funded by donations and membership fees only. Currently, every Penny collected (100%) is spent on the under privileged children in various countries. Administration costs are borne by a few selected benefactors and the committee members.

Our Objectives

In the Short and Medium Term, Optima Foundation shall:

1. Sponsor feeding Programs for children in need
2. Provide books etc to orphanages and children’s homes to enhance their educational abilities.
3. Promote religious harmony among young children and develop interfaith understanding.
4. Provide training and development workshops for the volunteers, members and supporters.
5. Help those who endeavour to help themselves

Love All Serve All

For further information –

Please write to: Miss Valli Luschwitz (Hon. Chairperson)
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Or: **email:** tom_jeyendran@yahoo.co.uk
Telephone: Tom on 01624 671297

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